



“**CHAMPION**  
YOUR OWN  
**SUCCESS**”

**MARCH 16, 2019**

**10:00 am - 4:00 pm**

Clarion Hotel & Suites  
1445 Portage Ave,  
Winnipeg, MB.



[www.emjmarketing.com/cyos.php](http://www.emjmarketing.com/cyos.php)



## BECOME A CHAMPION

“Get to the next level” with tools to prepare each athlete to take their next step toward their own success. Each of our featured speakers will offer insight and inspiration for each attendee.”



**PERSEVERANCE**  
Mental strength.



**PREVENTION**  
Substance abuse.



**PROPER NUTRITION**  
Fuel for the body.



**PASSION WITH PURPOSE**  
Inspiration for leadership goals.

## Shayne McGowan

Founder of Mental Edge Performance, will speak of mental toughness required to prepare athletes to reach the top of their game.

## Rod Pedersen

Sober Coach & Interventionist Rod Pedersen works with athletes and entertainers battling Addictions & Mental Illness. His clients come from the NFL, MLB, NHL, CFL, CHL. He is also a best-selling author and Hall of Fame broadcaster from the CFL and CHL.

## Jacques Delorme

Founder of “Fuel the Hunger” will provide athletes the sports nutrition education to assist their training and performance to get to the next level.

## Paul LaPolice

This CFL Coach and former TSN Broadcaster will offer inspiration on team play, leadership, and commitment to get our athletes to the next stage of their success.



## REGISTRATION

<https://www.emjmarketing.com/cyos.php>

\$50.00 per person or contact Laura at [laura@emjmarketing.com](mailto:laura@emjmarketing.com) for Team or Group rates.

