



## Press Release

February 6, 2019  
For immediate release

### Parenting in a Digital World

School seminar explores the impact of screen time and how to keep children safe online

It's a big, bold – and sometimes scary – world out there. And it's right there on your computer screen. Managing the impact of screen time – and the imperative of keeping children safe online – has become a major concern for parents everywhere and is the subject of a special seminar hosted by Winnipeg Mennonite Elementary and Middle Schools (WMEMS).

**Parenting in a Digital World** explores the new world of digital technology and online communications and the pitfalls and potential dangers that come with the territory. The seminar will inform parents and help them outline strategies and ideas to help their children navigate the sometimes–rocky terrain.

Led by Sarah Juchnowski, WMEMS school psychologist and Constable Orlando Buduhan, Community Relations Officer for the Winnipeg Police Service, the seminar is open to all members of the community. It will be held on Thursday, February 21, at the WMEMS Bedson Campus, 250 Bedson Street at 7 pm. There will be no charge to attend.

“This seminar will help parents help their children,” says Lawrence Hamm, WMEMS Superintendent and Chief Operation Officer. “The digital world is here to stay and we’re already seeing the huge impact it is having on our entire society, children in particular. We are pleased to be able to offer this to the entire community who we feel will benefit from what our experts have to share.”

The digital and online landscape continues to change at a rapid pace, and there is a profound impact on children and families. This seminar will inform parents with current research in the fields of psychology and law enforcement, and provide them with positive suggestions to help navigate the possibilities and the pitfalls facing their children. All are welcome to attend.

Community Seminar: Parenting in a Digital World  
Date: Thursday, February 21, 7:00 pm  
Location: WMEMS Bedson Campus  
250 Bedson St., Winnipeg, MB

– Media members are welcome and encouraged to attend –

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For more, please contact:  
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