

*Special Event*



## Winter Walk Day

Beat the "Winter blues" by joining other Albertans in a Winter Walk Day challenge. We'll walk around the the Cargill Field House, enjoy hot chocolate and snacks after you clock your kilometers.

GO HIGH RIVER GO !!!!!!!

Wednesday Feb 5th, 2020

BSRC\* - Cargill Field House

\*\*\* No Registration required \*\*\*

Can't join us? You can walk anywhere, even one of our outdoor parks, give us a call to log your steps!!

403-652-4042

